

IPOS Survivorship SIG annual report

Report prepared by Prof Michael Jefford and Dr Christina Signorelli, Co-Chairs of the IPOS Survivorship SIG, February 2024

1. Breakdown of 2023 activities

The Survivorship SIG was established in June 2020. Since then the SIG has been very active, primarily focusing on the following activities:

- (a) Developing and maintaining online educational content relating to psycho-oncology and survivorship
- (b) Developing and hosting survivorship-focused webinars
- (c) Completing an audit of survivorship-focused presentations from recent IPOS World Congress meetings
- (d) Completing an audit of national cancer control plans (NCCPs) to ascertain national positions on psycho-oncology and survivorship, and
- (e) Completing an international survey of current psycho-oncology practices in the post-treatment survivorship phase.
- (f) Undertaking a review on the implementation of psychosocial interventions for cancer survivors

2. Goals, objectives, and results for 2023

The aims of the SIG and terms of reference are included on the public-facing section of the IPOS webpage, <https://ipos-society.org/survivorship-special-interest-group>.

We achieved the goals we established (in January 2023) for the year. Below is a summary of activities in 2023:

- (a) Maintained and updated the public-facing web content about psycho-oncology and survivorship (link above)
- (b) The Survivorship SIG hosted a webinar in July 2023 titled 'Innovations in Models of Survivorship Care Research' facilitated by SIG members Savita Goswami and Isabel Centeno, featuring Prof Raymond Chan. Session recordings are available on the IPOS website at <https://www.ipos-society.org/webcasts>. Several Survivorship SIG members also contributed to the IPOS webinar on World Cancer Day, Feb 4th 2024.
- (c) The audit of IPOS abstracts (2017-2021) has been completed. Findings were published in *JPORP*: https://journals.lww.com/jporp/fulltext/2023/10000/survivorship_representation_at_ipos_world.7.aspx
- (d) The audit of NCCPs has been completed. Findings were published in *Psycho-oncology*: <https://onlinelibrary.wiley.com/doi/10.1002/pon.6218>
- (e) Recruitment for the global survivorship survey closed at the end of 2022. We analysed the primary data from the survey and findings have been submitted to *JCO Global Oncology* for publication and is currently under peer review.

- (f) In Q3 of 2023, we established a new 'Implementation sub-group' which is Chaired by Pernille Bidstrup (The Netherlands) which is currently focused on undertaking a review on the implementation of psychosocial interventions for cancer survivors

Included in our previous annual report, our goals for 2023 were to begin work on resource-stratified guidelines, grow membership and consider opportunities for the Survivorship SIG to lead or collaborate on survivorship-focused research. Possible development of guidelines is under active consideration by the SIG subgroups which have focused on the NCCP work and on the international survey. We have been able to grow membership (see below). In light of the audit of survivorship-focused research, we are considering research opportunities. We met with A/Prof Joanne Shaw from the IPOS Research Committee and are considering how our groups can collaborate.

3. Description of issues/challenges experienced in 2023

There is a large amount of work in each of the packages (a – f, above) of work. We have generally been able to recruit SIG members to assist and have been pleased to attract several members from the IPOS Early Career Professionals in Psycho-oncology (ECPP) Group. We would like to have more volunteers to assist in the current work program, particularly to lead further analysis of the large amount of data that the work packages have generated, and to support the dissemination of findings and advocacy activities.

4. Goals for the next 12 months

In 2024 we plan to:

- (a) Maintain and potentially expand the externally facing website
- (b) Host additional webinars. We are planning a third webinar on self-management, focusing on implementation challenges, and are considering other webinar topics.
- (c) Consider next steps from the NCCP audit and global survivorship survey (d and e above) which might include developing resource-stratified guidelines and producing examples of best practice.
- (d) Analyse outstanding data from the global survivorship survey and consider a second manuscript for publication.
- (e) Finalise a review paper on the implementation of psychosocial interventions for cancer survivors, to be submitted by the end of 2024.

In 2024, we also aim to:

- (i) Consider opportunities for the Survivorship SIG to lead/collaborate on more survivorship-focused research
- (ii) Continue to grow the membership of the Survivorship SIG
- (iii) Create a new SIG sub-group focused on return to work
- (iv) Promote the [World Health Organization Package of interventions for rehabilitation](#) for example through IPOS-led webinars
- (f) Support IPOS to join the [World Rehabilitation Alliance](#) (see below)
- (g) Prepare and submit an Editorial for the IPOS official journal *JPORP* highlighting the WHO PIR and next steps, a 'Call to Action' in the field, likely to be submitted in Q2 of 2024.

The Chair and Deputy Chair positions will be due for renewal in mid 2024. Christina Signorelli is planning to remain as Chair and will put out a call for volunteers to Co-Chair or for a Deputy Chair, as Michael will be stepping down after fulfilling two, two-year terms as Chair.

5. Any special requests/needs for the next 12 months

We request continued support from IPOS for SIG functions, such as membership support, meeting support, support for SIG activities (as listed above, or similar), including webinars.

We also request support from IPOS to submit an application to the [World Rehabilitation Alliance](#) (WRA) which is a World Health Organization global network of stakeholders that aims to promote the implementation of the [Rehabilitation 2030 Initiative](#) through advocacy initiatives. The WRA focuses on advocacy for rehabilitation as an essential health service, which is fundamental to universal health coverage to promote healthy living and wellbeing for all.

6. List all current SIG members (name and country)

We have a (members only) section of the IPOS website that includes brief profiles of 63 members of the Survivorship SIG, at <https://ipos.wildapricot.org/SurvivorshipSIG>. A current list of members is also attached. Our membership grew by 7% in 2023, including global representatives such as those from Australia, Spain, USA, Denmark, UK, Japan, India, Canada, Brazil and many other countries.