

# IPOS Survivorship SIG

Report prepared by Prof Michael Jefford and Dr Christina Signorelli, Co-Chairs, IPOS Survivorship SIG, February 2 2023

## 1. Breakdown of 2022 activities

The Survivorship SIG was established in June 2020. Since then the SIG has been very active, primarily focusing on the following activities:

- (a) Developing and maintaining online educational content relating to psycho-oncology and survivorship
- (b) Developing and hosting survivorship-focused webinars
- (c) Undertaking an audit of survivorship-focussed presentations from recent IPOS World Congress meetings
- (d) Completing an audit of national cancer control plans (NCCPs) to ascertain national positions on psycho-oncology and survivorship, and
- (e) Completing an international survey of current psycho-oncology practices in the post-treatment survivorship phase.

The Chair and Deputy Chair positions were due for renewal in mid 2022. After putting out a call for volunteers, Michael remains Chair, and Christina Signorelli has joined as Co-Chair. Their two-year terms will end in mid 2024, when leadership positions will be up for renewal.

## 2. Goals, objectives, and results for 2022

The aims of the SIG and terms of reference are included on the public-facing section of the IPOS webpage, <https://ipos-society.org/survivorship-special-interest-group>.

We achieved the goals we established (in January 2022) for the year. Below is a summary of activities in 2022:

- (a) Maintained and updated the public-facing web content about psycho-oncology and survivorship (address as above)
- (b) The Survivorship SIG hosted three webinars in 2022. The first was held in February 2022, 'Delivering remote physical activity, diet and psychological support to people affected by cancer' introduced and facilitated by Savita Goswami, Tania Estape and Claire Foster, with speakers Chloe Grimmet and Gemma Pugh. The 2<sup>nd</sup> and 3<sup>rd</sup> webinars were held in July and December and focused on supporting self-management. Speakers included Doris Howell, Claire Foster, Bogda Koczwara and Chioma Asuzu. Session recordings are available on the IPOS website at <https://www.ipos-society.org/webcasts>
- (c) The audit of IPOS abstracts (2017-2021) has been completed. Findings were presented during a symposium at the 2022 IPOS World Congress.
- (d) The audit of NCCPs has been completed. This work was also presented as a symposium (with (e) below) at the 2022 IPOS World Congress and at the UICC World Cancer Congress.

- (e) We completed recruitment for the global survivorship survey, which was distributed in Q1 2022. We received over 400 responses and data cleaning and analysis is underway. Preliminary findings were presented at the 2022 UICC and IPOS World Congress meetings.

In our (January 2022) goals for 2022, we also aimed to begin work on resource-stratified guidelines, maintain and grow membership, and consider opportunities for the Survivorship SIG to lead / collaborate on survivorship-focused research. Possible development of guidelines is under active consideration by our subgroups focused on the NCCP work, and on the international survey. We have been able to grow membership (see below). We have met with A/Prof Joanne Shaw from the IPOS Research Committee and are considering how our groups can collaborate. We are also considering development of research in light of the audit of survivorship-focused research.

### 3. Description of issues/challenges experienced in 2021

There is a large amount of work in each of the packages (a – e, above) of work. We have generally been able to recruit SIG members to assist and have been pleased to attract several members from the IPOS Early Career Professionals in Psycho-oncology (ECP) Group. We would like to have more volunteers to assist in the current work program, particularly to lead further analysis of the large amount of data that the work packages have generated, and to support the dissemination of findings.

### 4. Goals for the next 12 months

In reference to the 5 items noted at Q1, in 2023 we plan to:

- (a) Maintain and potentially expand the externally facing website
- (b) Host additional webinars. We are already planning a third webinar on self-management, focusing on implementation challenges, and are considering other webinar topics
- (c) We plan to prepare and submit at least one publication regarding the audit of abstracts presented at IPOS World Congress meetings, aiming for submission in the first half of 2023
- (d) We plan to prepare and submit at least one publication on the audit of NCCPs regarding psycho-oncology and post-treatment survivorship, aiming for submission in the first half of 2023
- (e) We plan to prepare and submit at least one publication on the global survey regarding psycho-oncology and post-treatment survivorship, again aiming for submission in the first half of 2023.

In 2023, we also aim to:

- (i) Consider next steps from the NCCP audit and global survivorship survey (d and e above) which might include development of resource-stratified guidelines or examples of best practice
- (ii) Consider opportunities for the Survivorship SIG to lead/collaborate on survivorship-focused research
- (iii) Continue to grow the membership of the Survivorship SIG

5. Any special requests/needs for the next 12 months

We request continued support from IPOS for SIG functions, such as membership support, meeting support, support for SIG activities (as listed above, or similar), including webinars.

6. List all current SIG members (name and country)

We have a (members only) section of the IPOS website that includes brief profiles of 59 members of the Survivorship SIG, at <https://ipos.wildapricot.org/SurvivorshipSIG>. A current list of members is also attached. Our membership grew by 13% in 2022, including global representatives such as those from Australia, Spain, USA, Denmark, UK, Japan, India, Canada, Brazil and many other countries.

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