

FORWARDS

IPOS SPECIAL INTEREST GROUP (SIG)

ANNUAL REPORT 2021

Committee Members

Chair: Prof Marije van der Lee, Helen Dowling Instituut, The Netherlands

Deputy-Chair: Dr Lauren Heathcote, Health Psychology Section, Department of Psychology, Institute of Psychiatry, Psychology, and Neuroscience, King's College London.

Secretary: Dr. José Custers, Radboudumc, The Netherlands

Early Career Member & Webpage Officer: Brooke Russell, University of Calgary, Canada

Committee Meetings and Positions

The current Committee was formed at the SIG AGM of the 2021 Kyoto World Congress.

During 2020-2021 the Committee met 4 times via teleconference (meeting dates: 29/1/2021, 30/4/21, 23/7/21, 4/10/21), and held an Annual General Meeting (AGM) at the World Congress on 1/6/21. Most committee communication occurs via email.

Current Membership

Since its formation in August 2015, FORWARDS has attracted 114 members from 23 countries in 4 continents (Europe, North America, Australia/New Zealand, and Asia).

1. Breakdown of 2021 activities:

Webinar series

March: *Innovations in FCR and FoP screening and assessment.*

Speakers: Ben Smith (University of New South Wales, Australia), Yasmin Youssef (University Medical Centre Leipzig, Germany), Daelin Coutts-Bain (University of Sydney, Australia)

Discussant: Louise Sharpe (University of Sydney, Australia)

Attendees: 160 registered, 61 attended (note that there is a possibility to watch the recording at a convenient time after the meeting)

July: *Zooming in on health behaviors in cancer survivors and the role of FCR - Joint webinar with the FORwards & Survivorship SIGs.*

Speakers: Glynnis McDonnell (Georgetown Lombardi Comprehensive Cancer Centre, USA), Sharon Manne (Rutgers Cancer Institute of New Jersey, USA), Daniel Hall (Harvard Medical School, USA)

Discussants: Marije van der Lee (Tilburg University, Netherlands), Meeke Hoedjes (Tilburg University, Netherlands)

Attendees: 214 registered, 77 attended

October: *More than words: the role of doctor-patient communication in fear of cancer recurrence.*

Speakers: Jet Ankersmid (University of Twente & Santeon, Netherlands), Jia Liu (The Kinghorn Cancer Centre, St Vincent's Hospital, Australia), Helen Ferry (Patient Representative, Australia)

Discussant: Phyllis Butow (University of Sydney, Australia)

Attendees: 145 registered, 47 attended

Other Educational Activities

FORWARDS members Christine Maheu and Sophie Lebel will be providing free online training in February 2022 (two 2.5 hour training sessions) on their fear of cancer group intervention (FORT).

FORWARDS members Phyllis Butow, Sophie Lebel and Gerry Humphris guest edited a special issue on Uncertainty, Anxiety and Fear of Cancer Recurrence in *Frontiers of Psychology*.

FORWARDS will facilitate the submission of collaborate symposiums on FCR research and FCR interventions.

Newsletters & Social Media

We send a quarterly newsletter to all our members, which shares recently published FCR research, as well as opportunities to engage in FCR research and educations. We are working with IPOS to ensure these opportunities are also advertised to the wider IPOS community via the IPOS newsletter. Several FORWARDS members also actively promote FCR research on Twitter; the committee members alone having 5560+ followers. However, our inability to use the previously established @FORWARDS_SIG account means these efforts are not as coordinated as they could be, nor can their impact be easily tracked.

Collaborations

An Individual Patient Data Meta-analysis on the Fear of Cancer Recurrence Inventory is being conducted by Yvonne Luigjes. Several FORWARDS members are part of the steering committee for this project.

Several other FCR-related reviews (FCR costs, FCR in cancer caregivers, FCR in Indigenous and minority populations) are being undertaken by teams made up largely of FORWARDS members.

Coordination with other SIGS

A joint webinar with the Forwards & Survivorship SIGs was held in July 2021.

2. Goals, objectives and results for 2021

- 1) Pre-COVID the idea was to organize an online FCR conference, mainly from to point of view that not all members are able to travel for congresses and we need to save the planet by flying less. Results: Due to COVID the IPOS World Congress in 2021 was an online congress and we decided to focus on webinars instead.
- 2) Continue to facilitate research projects in the priority areas identified in the two recent Delphi studies of Australian and international FCR research priorities; Results: the priority areas were discussed during our AGM
- 3) Conduct a project to establish a core outcome set for FCR research
- 4) To continue with quarterly webinars on FCR available to FORWARDS members and the IPOS community. Results: see above
- 5) To continue to promote activities of FORWARDS and engage the membership. Results: see above

3. Description of issues/challenges experienced in 2021

Due to COVID-19 restrictions, the 2021 IPOS conference was held online and therefore we missed the opportunity for an informal gathering.

It is difficult to increase interaction in the webinars. Furthermore, the webinars were restricted to English-speaking people. Now there is a tool in Zoom available to make a live-translation which can broaden our audience. This was used for example during (<https://fipol.info/anuncios/conferencia-anual-de-fipol/>)

4. Goals for the next 12 months

We aim to facilitate collaboration on research projects in the priority areas identified in the two recent Delphi studies that were conducted by our members:

- Intervention research to facilitate greater access to FCR treatment
- Evaluation of the effectiveness of FCR interventions in real world settings
- Defining the mechanisms of action and active components across FCR/P interventions

Furthermore, we aim to continue with quarterly webinars on FCR available to FORWARDS members and the IPOS community and to continue to promote activities of FORWARDS and engage the membership, including more online interaction.

5. Any special requests/needs for the next 12 months

Reimbursement for a Zoom account needed to live-translate the webinars so that we can be inclusive and broaden our audience.

6. List of current committee/SIG members (name and country - not contact information since will be posted online. Reminder, volunteers must be current IPOS members). As a reminder, it is important that ALL committees/SIGs have balanced representation in terms of geography and years of experience.

| | | |
|------------|----------|----------------|
| Tatsuo | Akechi | Japan |
| Susana | Almeida | Portugal |
| Rosalind | Bell | Canada |
| Kim | Brandes | Netherlands |
| Phyllis | Butow | Australia |
| Eveline | Bleiker | Netherlands |
| Daniel | Costa | Australia |
| Jose | Custers | Netherlands |
| Andreas | Dinkel | Germany |
| Peter | Dorfman | |
| Joanna | Fardell | Australia |
| Marg | Fitch | Canada |
| Jacqueline | Galica | Canada |
| Gail | Garvey | Australia |
| Maree | Grier | Australia |
| Gerald | Humphris | United Kingdom |

| | | |
|-------------|----------------|----------------|
| Georden | Jones | Canada |
| Nadine | Kasparian | Australia |
| Wendy | Lam | Hong Kong |
| Sophie | Lebel | Canada |
| Florence | Lewis | Belgium |
| Wendy | Lichtenthal | USA |
| Christine | Maheu | Canada |
| Isabelle | Merckaert | Belgium |
| Gozde | Ozakinci | United Kingdom |
| | Petricone- | |
| Danielle | Westwood | Canada |
| Judith | Prins | Netherlands |
| Josée | Savard | Canada |
| Caroline | Séguin Leclair | Canada |
| Louise | Sharpe | Australia |
| Sébastien | Simard | Canada |
| Iya | Slabinska | |
| Allan (Ben) | Smith | Australia |
| Kevin | Stein | USA |
| Belinda | Thewes | Australia |
| Christina | Tomei | Canada |
| Ana | Torres | Portugal |
| Luzia | Travado | Portugal |
| Jane | Turner | Australia |
| Marieke | Van de Wal | Netherlands |
| Sanne | Van Helmond | Netherlands |
| Lee | Westmaas | USA |
| Megumi | Uchida | Japan |
| Ozan | Bahcivan | Australia |
| Lynne | Wagner | USA |
| Asli | Eyrenci | Turkey |
| Tania | Estape | Spain |
| Nina | Tauber | Denmark |
| Isabel | Centeno | Mexico |
| Duygu | Hiçdurmaz | Turkey |
| Yvonne | Luigjes | Netherlands |
| Leah | Curran | Australia |
| Egle | Urbutienė | Italy |
| Marije | van der Lee | Netherlands |
| Afaf | Girgis | Australia |
| | van der | |
| Marie | Haegen | Belgium |
| Cristiane | Bergerot | Brazil |
| Deborah | Raphael | New Zealand |
| Lauren | Heathcote | USA |
| Lahiru | Russell | Australia |
| Fiona | Lynch | Australia |
| Juhee | Cho | Korea |
| Im | Ryung | Korea |
| Bae | Ka Ryeong | Korea |
| Bobby | Zachariae | Denmark |

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|---------------|---------------|----------------|
| Pawel | Izdebski | Poland |
| Anne | Reb | USA |
| Evgeniia | Ananeva | Russia |
| Nazken | Askargaliyeva | Kazakhstan |
| Pauline | Waroquier | Belgium |
| Logan | Nealis | Canada |
| Lauren | Rudy | Canada |
| Qian | Lu | USA |
| Brooke | Russell | Canada |
| Ketti | Mazzocco | Italy |
| Katharina | Clever | |
| Ashley | Charbonneau | Canada |
| Andrea | Cohee | USA |
| Lexa | Murphy | |
| Emily | Soriano | USA |
| Jean- | | USA |
| Philippe (JP) | Laurenceau | |
| Jo | Armes | United Kingdom |
| Jackson | Hewitt | Canada |
| Catherine | Benedict | United States |
| Perri | Tutelman | Canada |
| Brittany | Mustaers | Canada |
| Jessica | | Canada |
| (Wing Lam) | Tock | |
| Maria | Loades | United Kingdom |
| | Chagnon | Canada |
| John | (IPOS) | |
| Lonnie | Cameron | United Kingdom |
| Darcy | Burbage | United States |
| Arun | Ghoshal | India |
| Poorva | Pradhan | Australia |
| Vivek | Tanna | USA |
| Ashlee | Loughan | USA |
| Kelcie | Willis | USA |
| Alison | Clayton | USA |
| Daelin | Coutts-Bain | Australia |
| Esther | Deuning-Smit | Netherlands |
| Sara | MacLennan | United Kingdom |
| Evie | Kolsteren | Netherlands |
| Adrian | Pogacian | Romania |
| Lizette | Gálvez | Mexico |
| Iván | Rivera Olvera | Mexico |
| Jorge | Bazán Muñoz | Mexico |
| Guido | Canitano | Switzerland |
| Emma | Rheel | Belgium |
| Dhanya | Kumar | USA |
| Jill | Johnson | USA |
| Sarah | Webster | USA |
| Helen | Ferry | Australia |
| Kyra | Webb | Australia |